Minutes
Future Traditions Foundation
July 31, 2016
Foundation Headquarters
2911 La Combadura

Board Members Present: Stephen Kelly, Misa Kelly, Kaita Mrazek, Gerry Marr, Trina (skype)
Quorum Present: Yes

President calls meeting to order
Stephen calls meeting to order

Review and signing of minutes
Misa moves to approve minutes, Trina seconds. All in favor! Minutes are signed and uploaded to FTF website.

Proposed Agenda Items

1. **Trina Mannino as board member**
2. **Kaita's role as secretary**
3. **Review To-Do List from last meeting and add to it.**
4. **Mini Update from Board Members**
5. **Long-Term visions**

1. **Trina Mannino as board member**
   Dancer, choreographer, and dance writer living in New York. She is a core organizer of ArtBark. Stephen and Misa have discussed expanding the board and think she would be an excellent addition. She is reliable, takes initiative, works hard, has helped organized events in New York and has important contacts.
   Misa says it would be nice to have an extra person on the board considering that Kaita will be stepping back.
   Stephen moves to add Trina to the board, Kaita seconds. Gerry thirds! All in favor!
   The board Skypes Trina to tell her the good news.

2. **Kaita's role as secretary**
   Kaita mentions that as her role changes, she would like someone else to be a secretary in the event that Kaita can't attend the meetings. Stephen and Misa think that Trina would make a great secretary.

3. **To-Do List from Last Meeting**
   a. Deadline to put bank statements in a binder
      i. Misa organized them by year and put them in a suitcase along with a portable file of other important documents which can be portable

   b. Upload 2013 ledger-done

   c. Convert bank statements to PDF
      i. Misa uploaded to Googledrive for union bank statements. To convert the paper documents to PDFs would be very expensive.

ii. Gerry has a scanner which Misa can use to scan the physical documents. Misa puts "scanning party at Gerry's" on the to-do list, tentative for New Years'.
iii. Gerry also mentions that we could take documents to Windhorse

d. Stephen made e-postcard for 2015
e. Stephen needs to bill the county by November 15
f. Go Team!

4. Mini Updates from Board Members

a. Gerry-playing Kirtan with three different projects, work at Windhorse is going well, Gerry navigates difficult situations and uses mindfulness and meditation as tools. The Windhorse Band played a fundraiser for Bernie Sanders.
b. Misa-has been prioritizing her awareness cultivation and vision. Awesome time in Slovenia, created a new solo performed twice in LA and SB. Worked with Hannah Ruth on a duet. Ageing Body Project with Trina in Brookyln. Also working on another solo. Scouting festivals to apply to: Panama, Women of the City festival, and Bulgaria. Has started to write a book about being an inner astronaut in your body, based on her movement research over the past six years.
c. Kaita-preparing for life as a mom. Performed at the Buzz at 36 weeks pregnant, Cybil Gilbertson's "My Belly is a Watermelon"
d. Stephen was a core organizer of Buzz. They were able to get a dance floor for the La Cumbre Junior High School theater. Choreographed a dance for Nikki Pfeiffer in the show with the intention of expressing gratitude to survivors of the Nagasaki bombings. Sent some photos of Nikki dancing to the Nuclear Age Peace Foundation, and invited members to see a performance. They are talking about finding a way to perform the piece in Hiroshima, Japan. Looking into festivals, applications for funding, etc.
e. Misa reminds us of a core value of FTF: "Art is our vehicle, peace is the destination." While in Slovenia, ArtBark was the first group invited to sign an important book in the city. We are ambassadors for our art. The first community based company to invite someone from another community to show their work. First in the community to tour in California, internationally, in NY, and to organize a festival.

5. Long-Term Vision

a. Stephen-creating an entity that can be sustained in a way that other people can step in in the future
b. Misa-envisions a sustainable space as a resource center for survivors of extreme trauma. Product line: Playfessional—a series of workshops that encourage people to flow from the heart. "Flow, Grow, Now" tying in concepts of conscious leadership. In Spain there are entire villages that have been abandoned…manifesting a fresh way of being that sets the tone for organization and gathering. A new community of "Soulcialism" with the best parts of community organization and checks and balances against the darker impulses of humanity. Toying with the idea of taking software engineering classes in order to design an alternative to social networking.
c. Gerry-kirtan collaborations, more mindfulness in the world.

6. Misa proposes to update our value system to reflect current trains like mindfulness.

a. Stephen moves to have Kaita or Gerry to remind the board to try a mindfulness practice before the next meeting. Gerry requests a reminder before the next meeting.

7. **For next year:**
    a. Outreach Plan-exploring writing exercises for young kids or at a retirement home. Stephen suggests trying the exercise at our next board meeting.
    b. Misa is writing this book on movement modality discoveries, realized that she never recorded the SonneBlauma classes that she taught and would like to record the class and make it available to sell online. Maybe to offer a yoga series, meditation series, or other types of education…"ArtBark University."

8. **Misa moves to end the meeting.**

a. Kaita seconds the motion. All in favor!